



CCO provides residential services to consumers utilizing the Family Teaching Model. The CCO Family Teaching Model (FTM) serves persons with severe developmental disabilities in 10 living arrangements in Bay Area communities. In this model, a live-in couple (called a Family Teaching Couple or FTC) provides direct care and management within the consumers' home with the assistance of relief staff supervised by the couple.

The Family Teaching Couple and support staff provide 24-hour supervision and care to the consumers living in the home. The base staffing pattern typically includes the Family Teaching Couple and approximately two full-time relief staff members. This means that there are two staff working with three consumers during a majority of the day. However, there are times when the ratio decreases to one staff for three consumers if one staff needs to go next door for a minute, or run an errand. The Family-Teaching Couple fully supervises and provides all in-home support for relief and night staff assigned to their home. Although the Family-Teaching Couple is on-call for the home that they supervise, the couple is not expected to continuously provide support 24 hours per day, 7 days per week. The couple is provided respite relief at night and during the weekends by the other staff working in the home. The Family Teaching Couple is expected to provide residential services in accordance with each individual's program and support plan, and meeting the requirements of Title 17 Family Home Agency regulations and CCO's Family Teaching Model Certification.



Consumers who receive Family Teaching Model services are offered day supports from CCO as part of the overall Family Teaching Model. It is impossible to separate "day" services from other services and supports provided in the FTM because enriching opportunities will be tailored to the needs of persons served and tied to natural opportunities available within the community. Family teachers are closely involved with the coordination and even the provision of many of the support opportunities. Consequently, this project's "day" support programs are *bundled* with the FTM programs, and individuals with disabilities and families/conservators who choose the FTM will receive "day habilitation" support as a part of this choice. This will allow for greater flexibility in arranging interesting and enriching lifestyles that fit a more natural rhythm of community life. Due to the rich staffing structure in the FTM homes and the training and quality assurance components provided within the model, the programs must remain bundled.

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CCO  
FTM Program